



**Parents & Skaters:**

Please read and consider the information below regarding progress in group lessons.

**Please remember that each child progresses at their individual rate.**

Individual progress is determined by various factors (i.e. personal desire, age of skater, regularity & quality of practice time, personal fitness level & athletic ability, equipment and other factors).

**Please remember to be positive with your child.**

A positive attitude is very important.

A parent's attitude can have a huge affect on a skaters progress in our classes.

Provide positive feedback to boost self esteem & enjoyment of our classes!

**Group lesson skaters should be focusing on learning skating skills and having fun !**

Most kids enjoy skating so always encourage the fun of learning new things & exercise first. Skill progression is a secondary focus. Progress comes with practice, time & patience.

**Group skaters need to learn that passing a level requires meeting the standards for each level.** Improvement in skill takes time, effort, practice and patience.

**It is normal to repeat a level one or more times.**

Class sessions are 7 weeks in order to flow with the public school calendar and allow breaks for holidays. The Ice House **does not** promise or predict that 7 weeks is the necessary amount of time needed for the average skater to pass a level. Seven lessons is not sufficient in most cases to pass a level above Basic 2.

**The value of group lessons is not fulfilled if instructors are pressured to pass a student to the next level when they have not achieved the standard for the current class level.**

When a skater is pushed forward they do not benefit in the short term or the long term. Further, the skaters in the next level are held back while the instructor tries to improve skills for students who have been moved ahead of their current skating ability.



7201 Ogden Business Lane  
Wilmington, NC 28411

**(910) 686 - 1987**



**Skate School at the  
Wilmington Ice House**

**Basic Skills**

**Classes for all ages!**

**Adults**



Now is the time to Learn to Skate with your kids !

**50%** discount pricing!

Register with your child & pay half price for adult classes!



Skating can be great fun & family time !

**Karen Butler** (910) 686-1987  
Skate School Director / Ice Scheduling

**www.wilmingtonice.com**  
**www.icehouserinks.com**

**Spring / Summer 2009 (May—August)**



## 2009 Spring & Summer — Skating Classes

**Rental Skates Included**

**Bring your own helmet if you like.**

**Registering more than one child = 10% on 2nd youth class - Spring Session.**

**Parents register for our Adult class with your child and receive a 50% discount!**



**“Basic Skills” Classes - \$125.00 (7 classes) - POS # 675**

*Fun on Ice for our little skaters!*

**“Snowplow Sam”** Level 1 (ages 3 - 5 yrs.) First time skaters

**“Snowplow Sam”** (Advanced) - Levels 2 & 3 (ages 3 - 5 yrs.)

Learn basic skating skills as you become familiar with the ice. Skate School is FUN!  
Continue and learn advanced skills; crossovers, edges, 3 Turns, spirals, spins & jumps!

- **Classes include 7 public skate passes for more practice time.**

***Bring a Friend to Skate School Day !***

**Tuesday May 12th 5:50 -7:00 pm**

**Open House for Skate School - FREE lesson for everyone!**

**Parents are encouraged to try a lesson as well!**

**Spring Classes:** May 19, 26 June 2, 9, 16, 23, 30 (last class)

**Summer Special - 20 % Discount applies to our Summer Session for youth classes.**

**Summer Classes:** July 7, 14, 21, 28 August 4, 11, 18 (last class)

**Tuesday 5:50-6:20 pm : First 30 minutes of classes**

**“Practice Time” at the end of the rink after lesson (6:20 –6:55 pm)**

“Snowplow Sam”- **Level 1** (First time skaters ages 3- 5yrs.)

**Basic 1** (6 - 15 yrs. - Or with completion of Snow Plow Sam 3)

**Basic 3** (ages 6-15 yrs.)

**Basic 4** - (ages 6—15 yrs.) **New Time !**

**Tuesday 6:25-6:55 pm: Second 30 minutes of classes**

**“Practice Time” at the end of the rink before lesson time (5:50 - 6:20 pm)**

“Snowplow Sam” **Level 2 & 3** (Advanced: ages 3- 5 yrs.)

**Basic 2** - (ages 6– 15 yrs.) **New Time !**

**Basic 5 - Basic 8** Combo Classes (ages 6-15 yrs.)

- Please wear **gloves** or (mittens for smaller children)!
- **Comfortable clothing**, sweat shirt or jacket to keep warm.
- **Thin socks** - so that skates can fit closely to foot size!
  - Wear your own helmet if you like.

**Adult Workshops - \$125.00 (7 classes) - POS # 5399**

**Sign up with your child and receive a 50% Discount!**

*Adult Beginners to Advanced (ages 16 & up)*

**Tuesday 5:50-6:20 pm :** Beginner Adult Lesson (**Practice afterwards**)

**Tuesday 6:25-6:55 pm:** Advanced Adult Lesson (**Practice before**)

- **Learn to Skate with your child !**
- 1 hour of class time each week - 30 min. lesson, 30 min. to practice!
  - Learn to skate & improve fitness.
- Skating can be great family time on weekly public sessions !
- **Classes include 7 public skate passes for family / practice time.**

*Adult classes may be combined if enrollment is low or skill set of skaters are nearly the same.*

**“Boost” Your Skating Skills!**

*Need some help to accomplish some of those difficult group lesson skills?*

Schedule a **“Booster”** lesson with one of our coaches.

A private lesson in addition to group class time is often advisable, especially for students in Basic 3 or 4 and above.

Students beginning Basic 3 should consider purchasing a pair of their own skates from our pro shop.

Contact Karen Butler if you are interested in used skates.

We have a limited number of used skates available.

**Parents & Skaters**

**Please read the back panel for important information on group lessons.**

*For further information, details, and/or concerns, contact*

**Karen Butler: Skating Director / Ice Scheduling**

**Rink Phone: 910-686-1987**

**email: k.butler@icehouserinks.com**

*Note: Minimum enrollment required for all classes. Classes may be combined.*

**Please see back panel for more guidance on group lesson progress.**

*Note: All levels may take more than one set of lessons to pass all of the skills*